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Instructions Following Endodontic Treatment:

1. Be careful to not bite your lip or tongue while your local anesthetic is working. It could take several hours for your tooth, lip and tongue to “wake up”.
2. You may experience some tenderness to biting on the tooth for the next few days, this will gradually decrease and you will then be able to chew normally.
3. Rinsing your mouth with warm water will be soothing and help your tooth and jaw feel better quicker. Please do this 3-5 minutes every hour today. **DO NOT** use warm compresses on the outside of your face.
4. A temporary filling has been placed which is **NOT** as durable as the permanent restoration you will receive from your regular dentist. Often a crown or onlay is needed to protect the tooth. **We strongly suggest that a permanent restoration is placed within one month of treatment. The success of this root canal and the life of this tooth depend on you completing your treatment with your dentist.** Please call your regular dentist as soon as possible and make an appointment to have this tooth permanently restored.
5. Usually over the counter analgesics will take care of the discomfort after treatment.
6. Take your prescribed medications as directed. **No** alcoholic beverages if the doctor has prescribed antibiotics and/or pain medications.
7. **Please call the office if you have any questions.** After hours an answering service answers the calls and the doctor on call is paged with your message.