

**William M. Bolak, D.M.D.**

*Practice Limited to Endodontics*

5501 Independence Pkwy., Ste. 203

Plano, TX 75023

Telephone (972) 964-3636

Fax (972) 499-2420

**POST SEDATION INSTRUCTIONS**

**AFTER YOUR APPOINTMENT:**

1. Plan to rest for the remainder of the day. You may feel sleepy.
2. Do not perform any strenuous activity.
3. Do not operate any machinery or drive a motor vehicle.
4. Do not take any medication not prescribed by the doctor (including over the counter medications) unless you check with the doctor first.
5. Do not consume any alcoholic beverages.
6. If you feel nauseated: lying down and drinking a cold beverage may help. If this does not help or vomiting more than once occurs please call the office or the doctor on call.
7. When you feel hungry begin with a liquids first. If there is no nausea eat a light meal.
8. Take any medications prescribed by the doctor as directed.
9. If you should have any concerns or unusual problems please call 972-964-3636. Your doctor or the doctor on call will be available to help you.
10. If you have a medical emergency call 911.

As the responsible adult caring for \_\_\_\_\_ after the dental appointment, I have read and understand the post sedation instructions. I have received a copy of these and understand the importance of remaining with \_\_\_\_\_ for the remainder of the day.

---

Print name

Date

---

Signature of accompanying adult

Date

---

Witness

Date

---

Signature of patient